

Mother Nature's Medicine Chest

This bed was designed by Nancy Klammer and Marilyn Askelin with the intent of teaching children about simple medicinal herbs of the past. The following are planted and their uses are noted:

Aloe (soothes burns)
Calendula (soothes skin)
Chamomile (calms indigestion)
Comfrey (helps healing)
Echinacea (fights infection)
Feverfew (helps headaches/fever)
Horehound (relieves coughs)
Lavender (relaxes)
Lemon Balm (soothes cold sores)
Peppermint (calms indigestion)
Parsley (freshens breathe/Vit. C)
Clary Sage (relieves eye irritations)
Golden Sage (calms sore throats)
Yarrow (helps healing)

Warning: This information is for educational purposes only. Please consult your health care provider before using any medicinal herbs.

The Herb Bunch

The Herb Bunch is an organized group of local herb enthusiasts who meet monthly on the 3rd Thursday from 6:30 - 8:30 PM for fun, educational programs throughout the year. They design, plant and maintain the herb beds at the Georgeson Botanical Garden.

Member Information:

Dues: \$10/year.
Contact Dee King at 488-7692

Herb Garden Tour :

July 15 at 6:30 PM
Contact Dee King for reservations

History of Herb Gardens

The word “herb” has been used for centuries to describe plants with medicinal, culinary, aromatic and other useful properties. The making of special gardens in which herbs are grown has a long history. Obviously, such gardens gathered useful plants together for convenience but there is a tradition of making decorative features out of these plantings as well.

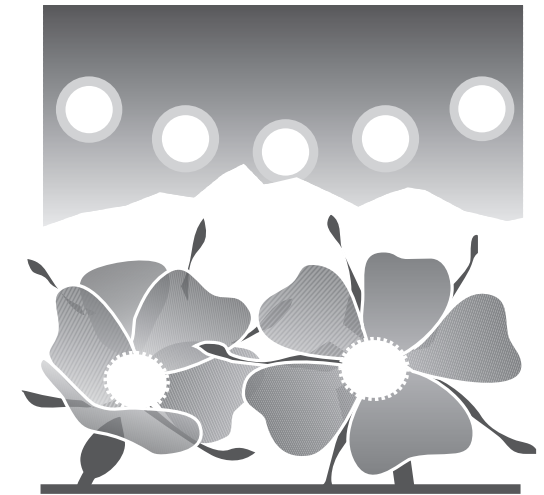
From the earliest records, herbs have been associated with religion. In ancient Persia, the enclosed garden with scented and healing plants provided sanctuary or “paradise” for meditation. European monastery gardens followed the tradition of peaceful retreats sheltered from the outside world in which narrow paths divided beds that held powerful medicinal beds.

The study of plants and their medicinal uses spread to scholarly institutions where patterned herb gardens displayed plants for study by botanists, physicians and artists. The first of these was at the University of Padua in Italy in 1545. By the end of the 17th century there were “psychic” gardens throughout Europe.

Colonial explorers brought back different species and more and more herbs were added to the collections. Settlers took plants and these gardening traditions with them to the New World and traditional European-style herb gardens sprang up throughout North America. The first botanical herb garden in North America was created near Philadelphia in 1728.

The great revival of interest in herb gardens today combines elements from all of the traditions mentioned above.

*University of Alaska Fairbanks
School of Natural Resources and
Agricultural Sciences*



GEORGESON
BOTANICAL GARDEN

Dorothy Truran
Memorial Herb
Garden

Planted
and
Maintained by
“The Herb Bunch” Volunteers

Barb Fay, Coordinator

Revised June 2004

Knot Garden

This formal “knot” garden was designed by Dee King, Maggie Waite, Jean Coghill and Heather Robertson using the following:

Germander
Fernleaf Lavender
Golden Oregano
Santolina
Wormwood
Nasturtium
Lavender Thyme
Lime Thyme
Goldstream Lemon Thyme

Perennial Herbs and Native Plants

This bed was designed by Marsha Munsell and contains perennial kitchen herbs and native plants:

French Tarragon
Costmary
Chives
Yarrow
Angelica
Lovage
Ginger Mint
Chocolate Mint
Sorrel
Lemon Balm
Sweet Woodruff
Sweet Cecily
Stinging Nettle
Bedstraw
Bergamot
Stinkweed
Labrador Tea
Welsh Onion
Altai Onion
Chinese Onion
Chocolate Lily
Wild Strawberry
Eskimo Potato
Mountain Ash
Allium Serescens
Kinnikinnik



Kitchen Garden

This bed was designed by Olga Cook, Barbara Fay and Gretchen Kerndt with herbs used for flavoring or garnishing food:

Profusion Basil
Purple Sage
Tricolor Sage
Lemon Savory
French Tarragon
Lemon Verbena
Gorizia Rosemary
Gem Marigolds
Anise Hyssop
Genovese Basil
Marsellais Basil
Purple Basil
Sweet Dani Basil
Greek Oregano
Curled Chervil
Summer Savory
Fernleaf Dill
Bronze Fennel
Burfena Fennel
Golden Lemon Thyme
Lovage
Chives
Calendula
Garden Sage
Curled Parsley
English Thyme
Marjoram
Italian Parsley



Special Thanks...

Gretchen Kerndt – Clary Sage
George Wilson - Perilla
Rex Nutter – Bed Preparation
Nancy Klammer – Brochure/Signs
The Herb Bunch – Sign Lamination

“What’s New in Herbs”?

This bed was designed by Nancy Klammer and Marilyn Askelin. It contains 18 of the NEW herb varieties from Richter and others:

Minette Basil
Pepper Basil
Profusion Basil
White Borage
Prince of Orange Geranium
Fragrant Butterfly Lavender
Fred Boutin Lavender
Goodwin Creek Lavender
Kew Red Lavender
Pink Perfume Lavender
Silver Edge Lavender
Magic Carpet Lemon Thyme
Purple Carpet Lemon Thyme
Apricot Sprite Agastache
Tuscan Blue Rosemary
Huntington Carpet Rosemary
Gorizia Rosemary
Rhubarb Pie Sorrel



Asian Herb Garden

This bed was designed by Virginia Damron, Barbara Rondine and George Wilson with herbs that are used in Asian cooking:

Lemongrass
Thai Basil
Society Garlic
Vietnamese Mint
Garlic Chives
Kaffir Lime
Rau Om
Mitsuba
Chinese Lantern
Thai Chili Pepper
Aoshiso (Green Perilla)
Akashiso (Purple Perilla)
Dong Quai
Ginger

